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# Pathways 2010 Annual Report

## 2010 Welcomes New Director, New Changes, New Hope



Executive Director Maria Dickens and a Pathways child.

2010 brought many significant changes. August 9<sup>th</sup> marked the beginning of my journey at Pathways as the new Executive Director. Connie Hill paved the way for the agency to forge ahead, and my intent is to continue that movement and be a change agent as Pathways evolves to better meet the ongoing needs of the families we serve each

day. In that effort, we plan to team with other agencies to combat homelessness in Birmingham. In fact, we created a partnership with Christian Service Mission to

more efficiently provide food boxes. We have launched an agency-wide food inventory and service program to improve our stewardship over the items we receive and purchase. Our volunteer recruitment efforts have gone to another level in order to ensure that all three of our campuses receive the support from surrounding communities. We have also revamped our Day Center operations to target specific needs of our "guests". Weekly sessions are scheduled to foster personal development in several areas, including vocational, educational, health and wellness as well as the arts. Pathways aims to be a place where every woman and child encounters competence and compassion when they walk through our doors.

- Maria Dickens, Pathways Executive Director

## Success Story: Robin and Pathways

Robin is the embodiment of good ole' sunshine. You know the kind that shines through the window on your face as you're riding in the car and it feels so good it instantly warms you soul? Yes, she is that kind of sunshine.

Robin has a lot to be happy about these days. On July 29, 2011, she celebrated three years sober. She is also holding a steady job and has her own apartment.

"Now I live alone and it's all mine. It's the best," she said as she motioned to the small but quaint and cozy one-bedroom apartment she now happily calls home.

Robin has come a long way since she was arrested for check forgery in Florida in 2008 and sentenced to 13 months in prison. Back then she was on heavy drugs and spent time in and out of jail. When Robin was getting ready to be released, officials asked her where she wanted to go.

"I looked on the map, put my finger on it and when I moved my

finger aside it said Birmingham, Alabama," she says.

Robin ended up at Pathways, where she was put on a regular schedule, attended narcotics recovery meetings and was offered structure and support from a loving staff.

"It was the staff that really helped me because I had a really bad attitude problem and they didn't give up on me," she said.

According to Robin, the staff at Pathways wouldn't let her get away with her "bad attitude" and encouraged her to challenge herself in many ways—including by staying sober and attending classes to learn about employment readiness and how to stay "fiscally fit."

"If it wasn't for Pathways sticking by me, I would be on the streets probably smoking crack again. They didn't give up on me."

Pathways' caring and supportive staff serves over 1,000 women and children, many with stories like Robin's, every year.



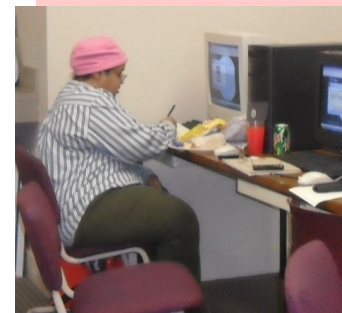
"I have pictures of them on my wall because that is my family," Robin said of the Pathways' staff. "I am grateful that they stuck by me when I didn't stick by myself."

Now that she is happy, healthy and sober, Robin says she is never going back to her old life.

"I threw away that old behavior and that old life. I survived and I'm not going back," she said. "It took me a long time just to get my foot in this door, but I got it in there and I'm keeping it in."

# 2010 Financials

The following information is a portion of Pathways' 2010 Audited Financial Statements. You can download our most recent audit and 990 form at [www.pathwayshome.org](http://www.pathwayshome.org).



## Support and Revenue

Grants and contracts	\$ 767,657
United Way allocation	324,109
Contributions	240,151
Rent	18,902
Special events (net)	25,639
Interest earned	<u>749</u>
<i>Total support and revenue</i>	<i>1,377,207</i>

## Expenses and Losses

Program services	\$ 1,373,787
Management and general operating expenses	142,356
Fundraising	<u>8,888</u>
<i>Total expenses *</i>	<i>1,426,248</i>

\* Does not include depreciation.

In years past, Pathways had received approximately \$50,000 from the Taste of the Nation event and included this income in its 2010 budget. This event did not take place in 2010, accounting for the \$49,041 year-end deficit.

## Pathways would like to thank the following sponsors, supporters and teams of its 2010 fundraisers:

### Mud Bowl Ultimate Frisbee Tournament

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• <u>Title Sponsor:</u> Regions</li> <li>• <u>Platinum Sponsor:</u> Southern Progress Corporation</li> <li>•</li> <li><u>Gold Sponsors:</u></li> <li>• Alabama Power</li> <li>• BE&amp;K / KBR</li> </ul> | <ul style="list-style-type: none"> <li>• Merrill Lynch</li> <li>• Mountain Brook Community Church</li> <li>• Pucker Powder</li> <li>• Redeemer Community Church</li> <li>• Robinson Fast Tax Service</li> <li>• <u>Lunch Sponsor:</u> Jim 'N Nick's Bar-B-Q</li> </ul> |
|--|--|

### Sporting Clays

- |   |  |
|---|--|
| <p><u>Major Sponsors:</u></p> <ul style="list-style-type: none"> <li>• Regions Bank</li> <li>• National Cement Company and Kirkpatrick Concrete</li> </ul> <p><u>Golf Cart Sponsor:</u> Vulcan Materials Company</p> <p><u>Four- Person Team Sponsors:</u></p> <ul style="list-style-type: none"> <li>• Alabama Power Company</li> <li>• Altec</li> <li>• B &amp; K Reinforcing</li> <li>• Bradley Arant Boult Cummings</li> <li>• CMH Architects ☐</li> <li>• Energen</li> <li>• IberiaBank</li> <li>• Industrial Chemicals</li> <li>• Gray Construction ☐</li> <li>• J. H. Berry &amp; Gilbert</li> <li>• Kirkpatrick Concrete ☐</li> </ul> | <ul style="list-style-type: none"> <li>• Martin Marietta Materials</li> <li>• One-Stop Environmental ☐</li> <li>• Rives Construction</li> <li>• Saiia Construction ☐</li> <li>• Sellers Richardson Holman &amp; West</li> <li>• Vulcan Materials</li> <li>• Wade Sand &amp; Gravel ☐</li> </ul> <p><u>Breakfast Sponsor:</u> Dunn Companies<br/> <u>Lunch Sponsor:</u> Kirkpatrick Concrete<br/> <u>Beverage Sponsor:</u> Birmingham Coca-Cola Bottling Company</p> <p><u>Shooting Station Sponsors:</u></p> <ul style="list-style-type: none"> <li>• Brasfield &amp; Gorrie</li> <li>• LYBD, Inc</li> <li>• Massey Hauling Company</li> <li>• Vulcan Materials</li> <li>• Warrior Tractor &amp; Equipment Supply</li> </ul> |
|---|--|

## Pathway

*Perfect place when you seem lost*

*Accepting you at no monetary cost*

*True friends that will believe in you*

*Happiness &*

*encouragement; help if you're blue*

*Willing & helpful to show you a new step*

*Acknowledging your pain & offering help*

*Yielding only to one, Our Father, Holy Spirit & Son!*

*-AD, Pathways Guest  
June 2011*





*At Pathways, our key belief and guiding principle is to treat each guest with respect, dignity and hospitality. It's that spirit of hospitality that makes us unique and successful.*



## Pathways: Past and Present

While Pathways began with the merger of Bread and Roses and Birmingham PATH in 2003, the work of the agency dates back to the 1980s. At that time, people within the city were beginning to recognize that homelessness was not just a problem for men with substance abuse and mental health problems. In fact, a growing number of homeless people were women, many with children.

Today, there are still women and children on the street and in shelters. A recent count done by Metropolitan Birmingham Services for the Homeless showed that of the

2,100 homeless people counted, one third were women and children.

At the heart of Pathways' mission is providing housing through its shelter programs. Pathways operates three transitional shelters, Parson Place (downtown), one on Southside and the other in Woodlawn. Our downtown facility also houses the Day Center, Parson's Place and Safe Haven.

At the Day Center, women staying at Pathways, nearby emergency shelters, and the streets have access to meals, clothing, showers, laundry and life-skills training ses-

sions. Parson's Place provides temporary housing for up to 16 women.

The 10-bed Safe Haven shelter is exclusively for chronically homeless women with mentally illness. Small and homelike, Safe Haven requires 24-hour staffing and case management. Residents gain trust in the system and accept the mental health and substance abuse services they need. Currently, Pathways operates the only Safe Haven for women in the state of Alabama.

PATHWAYS SUMMARY OF SERVICES FOR 2010	
Programs	# Served
Day Center: Provides services such as food, clothing, laundry, showers and case management. Most Day Center guests live in emergency shelters or on the streets.	1,347
Transitional Shelter: Women and children stay 6-9 months in a home-like setting. They work with a social worker to develop a life plan that will help them become self-sufficient. Shelters are located Downtown, on Southside and in Woodlawn.	283
Transitional Apartments: Some families need more time to find housing. Women can stay up to one year in these apartments and houses.	42
Employment Readiness/Learning to Be a Kid: Employment Readiness teaches women the basics of getting and keeping a job. Women work on interviewing, resume writing and understanding the workplace. Through Learning to Be a Kid, children learn about emotions, decision-making, anger management and kindness through arts and crafts while their mothers attend Employment Readiness. Classes are offered 6 times a year.	90
Safe Haven: Provides permanent supportive housing for up to 10 chronically homeless, mentally ill women. The women receive case management and life-skill education classes as well as health classes, substance abuse groups and mental health groups. Today, Pathways has the only Safe Haven for women in the state of Alabama.	14
Fiscally Fit: Offers women and children the basics of becoming financially responsible. The program was developed by professional financial planners to teach the women and children the basics of personal finances such as opening bank accounts and balancing accounts. It also includes budgeting, saving, and college tuition planning.	67: 35 women 32 children
<b>Total Homeless women and children served by Pathways in 2010:</b>	<b>1,686</b>

Pathways:  
A Woman's Way Home



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facebook.com/PathwaysHome  
Twitter: @pathwaysbham



### Please consider donations of:

- Goods
- Services
- Time
- Money

You can help Pathways in its  
mission of providing  
hospitality, housing, and  
hope to more than 1,000  
homeless women and  
children each year.

Learn more on giving:  
[www.pathwayshome.org](http://www.pathwayshome.org).



## 2010 Supporters

Pathways would like to thank the following businesses, foundations, religious and civic organizations for their support in 2010:

Alabama Civil Justice Foundation  
Alabama Messenger  
Alabama Pool Services Company, Inc.  
Alabama Power Chapter of IAAP  
Alabama Power Company  
Alabama Power Foundation  
Alabama Power Metro Central  
Alabama Power Service Organization Magic City Chapter  
Aldersgate United Methodist Church  
Allstate Giving Campaign  
Altec Industries  
Arise and Go Ministries  
AT&T United Way Employee Giving Campaign  
Avondale United Methodist Women  
B&K Reinforcing, Inc.  
BBVA Compass  
Belles Inc.  
Bethel Baptist Church  
Birmingham Association of Insurance Women  
Birmingham Chapter American Institute of Architects  
Birmingham Coca-Cola Bottling Company  
Birmingham Southern College  
Bluff Park Canterbury Class  
Bradley Arant Boulton Cummings LLP  
Brasfield & Gorrie  
Canterbury United Methodist Church  
Canterbury United Methodist Women  
Capital Growth Buchalter, Inc.  
Cathedral Church of the Advent  
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City of Birmingham  
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Cliffside Garden Club  
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Daniel Realty Services  
Dawson Memorial Baptist Church  
Department of Child Abuse and Neglect Prevention Children's Trust Fund  
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Dunn Investment Company  
El Paso Corporation  
Energen Corporation  
Energen Leadership Association  
Ferlisi Jolley Associates  
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J.H. Berry & Gilbert, Inc.  
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Jim 'N Nick's Bar-B-Q  
Joe Piper, Inc.  
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KBR  
Kirkpatrick Concrete  
LBVD Civil and Structural Engineers  
Lifeway Christian Stores  
Marketry, Inc.  
Martin Marietta Materials  
Massey Hauling Company, Inc.  
Mayer Electric Supply Company, Inc.  
Merrill Lynch & Co. Foundation Matching Gift Program  
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National Christian Foundation Alabama  
North Alabama United Methodist Foundation  
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The Peter Prinz Company  
Presbytery of Sheppards and Lapsley  
Pyramid Group, LLP  
Pucker Powder  
Redeemer Community Church  
Regions  
Regions Charity Classic Foundation  
Rives Construction Company  
Robinson Fast Tax Service  
S&W Electric Company, Inc.  
Saiia Construction  
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St. Luke's Episcopal Church  
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UAB Department of History and Anthropology  
Unitarian Universalist Church  
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Vernon Hill Social Club  
Vestavia Hills United Methodist Church  
Vestavia Hills United Methodist Church Becomers Class  
Vestavia Hills United Methodist Church Women's Circle  
Vulcan Employee Development Assistance  
Vulcan Materials  
Wade Sand & Gravel Company, Inc.  
Warren, Averett, Kimbrough & Marino  
Warrior Tractor & Equipment  
Wellpoint Associate Giving Campaign  
Wells Fargo  
Whole Foods Market  
The Women's Network  
Youthworks Foundation Inc.